

Schedule:

9:00 – 9:10	Welcome/Business (<i>Greg</i>)
9:10 – 9:30	Praise & Worship
9:30 – 10:40	<i>Session #1 – It's Time for a Road Trip! (Checking out your Love Map)</i>
10:40 – 10:50	Break
10:50 – 12:00	<i>Session #2 – "It's NOT about the Nail!" (Effective Communication)</i>
12:00 – 12:50	Lunch
12:50 – 1:00	Fun & "Giveaways"
1:00 – 1:15	Praise & Worship
1:15 – 2:20	<i>Session #3 – Rock, Paper, Scissors . . . (Better Ways to Make Decisions)</i>
2:20 – 2:30	Break
2:30 – 2:45	Fun & "Giveaways"
2:45 – 3:50	<i>Session #4 – Heating it up in the Bedroom (God's View on Intimacy)</i>
3:50 – 4:00	Break
4:00 – 4:30	<i>Session #5 – What Now? (Reflection and Goal-setting)</i>
4:30 – 4:45	Wrap Up, Evaluation, and Sending Forth (<i>Greg</i>)
5:00	Couples Leave for their "Date Night"

Seminars:

1. *It's Time for a Road Trip! (Checking out your Love Map)*
Using Gottman's idea of Love Maps, couples will take their own journey to discover how well they are connected to one another. This fun and interactive session will assist couples getting a realistic view on their level of friendship and knowledge of one another.

2. *"It's NOT about the Nail!" (Effective Communication)*
Communication is known to be one of the greatest struggles within marriages. Through media, role-playing, and helpful suggestions, participants will identify effective ways (and *ineffective* ways) to lovingly communicate with his/her spouse.

3. *Rock, Paper, Scissors . . . (Better Ways to Make Decisions)*
Every couple is faced with blending two individual's ideas/desires into one decision. It is not always easy. Decision-making often brings stress and conflict into the arena of marriage. This seminar will look at what God's Word says about decision-making, along with offering tools to incorporate at home to make those tough decisions a little easier.

4. *Heating it up in the Bedroom (God's View on Intimacy)*
Sex was God's idea. In the midst of a sex-saturated society, often Christian couples can lose sight that this was originally God's idea, and it "was good". This seminar will confront some of the issues Christian couples often face in and out of the bedroom, encouraging couples to sexual purity and fulfillment within their marriage.



Speaker Bio: *Annetta McKaig*

A gifted communicator, educator, and counselor, Annetta McKaig uses humor and storytelling to weave the Truth of Scripture into the fabric of married life. A preacher's daughter and a preacher's wife, *people* have always been the focus of her life calling. Annetta has been a stay-at-home mother, a teacher, a caregiver, a retreat speaker, and worship leader. A graduate of Anderson University, she will be graduating from Indiana Wesleyan in December 2016 with a degree in Marriage and Family Therapy. An avid Colts fan, she also likes to read, camp, travel, and play the piano. Annetta and her husband Tim just celebrated their 30 year anniversary. They live in Logansport, IN, and are the parents of two married daughters and the proud grandparents of one beautiful grandbaby, Livy.

Annetta is thrilled to facilitate these marriage retreats. *"Watching couples reconnect . . . laugh and cry together as they commit to continue this journey together . . . that is the best. It is such a privilege be in the midst of God at work."*

This event is an outreach of *Preserve Marriage Ministries*. For further information, find PMM @ preservemarriages.com or call (765) 864-2100. Annetta McKaig is an intern with *Family Piece*. To contact her for further services, call 765-461-2900 or email familypiece@gmail.com.

Presenter's Goals:

- 1) Couples will experience a fun and relaxing day away to focus on one another and their marriage.
- 2) Couples will experience God's lavish love through gifts of food, giveaways, and corporate worship.
- 3) Using media, role-playing, and teaching, couples will receive psychoeducation regarding specific aspects of marriage (incorporating a Christian view).
- 4) Couples will interact with each other in reflection and discussion of topics.
- 5) Through group activities, couples will engage with and interact with other couples attending the retreat.
- 6) Each couple will leave with at least one new piece of information/revelation to assist them in marriage building.
- 7) Each couple will leave with at least one goal to incorporate at home.
- 8) Each couple will leave with a new sense of commitment to their marriage.
- 9) Individuals and couples will leave more hopeful, knowing that there are people and resources available to assist them on their marriage journey.
- 10) Everyone present will experience the presence of God.