



# Beyond the Ring

## Retreat Schedule

<u>Friday</u>	(Dinner on your own)
5:30-6:00 PM	Check-in
6:00-6:15	Welcome/Instructions
6:15-7:15	Session #1 "How is Your Love Map?"
7:15-7:30	Break
7:30-8:00	Group Time
8:00-9:00	Session #2 "Making Choices and Creating Joy"
<u>Saturday</u>	(Breakfast on your own)
9:00-10:00 AM	Session #3 "Why Marriage Can Be So Hard"
10:00-10:10	Break
10:10-11:30	Session #4 "It's Not about the Nail ... the Art of Communication"
11:30-12:30	Lunch Provided
12:30-1:30	Session #5 "Heating It Up in the Bedroom"
1:30-1:40	Break
1:40-2:30	Session #6 "Win-Win Problem Solving"
2:30-4:30	FREE TIME
4:30-5:30	Session #7 "Speaking Your Spouse's Love Language"
6:00	DATE NIGHT (Woo Hoo!)
<u>Sunday</u>	
8:00-9:00 AM	Breakfast Provided
9:15-9:30	Praise & Worship @ church
9:30-10:30	Session #8 "Forgiving and Moving Forward in Christ"
10:30-11:15	Goal Setting Together
11:15-12:00	Communion; Testimonies
12:00-12:30	Goodbyes