



Beyond the Ring : Bonded by Blue Law Enforcement Weekend

Schedule

Friday

- NOTE: Dinner on your own prior to arrival
- 5:30-6:00 Check-in
- 6:00-6:15 Welcome/Instructions/Meet & Greet
- 6:15-7:15 Session #1: *How is Your Love Map?*
- 7:15-7:30 Break
- 7:30-8:30 Session #2: *Why Marriage Can Be So Hard*
- 8:30-9:30 Fellowship/Games/Snacks

Saturday

- NOTE: Breakfast on your own
- 9:00-10:20 Session #3: *It's Not About the Nail . . . the Art of Effective Communication*
- 10:20-10:30 Break
- 10:30-11:30 Open Discussion: *The Challenges of Being a Couple in Law Enforcement*
- 11:30-12:30 Lunch
- 12:30- 2:00 Session #4: *Heating It Up in the Bedroom*
- 2:00 - 2:15 Break
- 2:15- 3:15 Session #5: *Processing Fear & Trauma Together*
- 3:15- 5:15 FREE TIME
- 5:15- 6:30 Session #6: *Speaking Your Spouse's Language*
- 6:30 - Dinner On Your Own: Go out on a date

Sunday

- 8:00- 9:00 Breakfast at Crossroads Community Church
- 9:00- 9:30 Praise & Worship with the Church
- 9:30-10:30 Session #7: *It's NOT About You: Becoming Alive to Christ & Your Spouse*
- 10:30-11:15 Goal Setting Together
- 11:15-12:00 Testimonies, Communion, & Rocks
- 12:00-12:30 Dismissal, Goodbyes, and Leave