

## Self-Development Training through Dale Carnegie

This training series is recognized globally as an effective means of helping individuals develop their strengths. By taking advantage of this program, you will advance your leadership skills and strategies for reaching goals in the future.

### • Employment Preparation

This service is designed to equip you for face-to-face interviews, opportunities for a new career and ultimately, long-term success. It provides tools and techniques to increase confidence, communicate with passion and empower you with the right attitude, applicable skill sets, and other valuable resources needed for the current competitive job market.

### • Life Coaching & Skills Development

Personal and professional growth is absolutely necessary to become the best you can be. Dale Carnegie life skills workshops focus on how you can improve your performance through practical advice, tips and techniques veterans can use immediately. Results achieved through these goal-oriented programs will accomplish the following:

- Increased Self-Confidence
- Strengthened Relationships
- Improved Communication
- Increased Leadership Capabilities
- Improved Attitudes
- Decreased Stress & Worry
- Increased Levels of Engagement

## Grant Eligibility, Qualifications and Information

1. In order to qualify for any of the services listed in this brochure, you **must** have a dependent child.
2. There are income restrictions to qualify for higher education and childcare.
3. If there is no dependent child, we will assist in finding other resources.
4. Services are not limited to the providers listed and are not guaranteed.
5. This is not a long-term service and is designed to assist self-sufficiency. Each case is assessed and re-evaluations are conducted.
6. This is not welfare or cash-based assistance.

### \*Required Documents\*

- Completed and signed application
- DD214
- Birth Certificate of Child(ren) Dependent(s)
- Marriage Certificate (if applicable)
- Paystubs for 30 days of All Household Income

\*Other documents may be required. All required documentation must be received in order to process an application. If it is not received in 30 days of initial consultation, your case will be closed. The withholding or falsifying of information is grounds for termination within this program.

### To print an application, go to:

[www.in.gov/dva](http://www.in.gov/dva) (EMVFI)

It can be sent back to us with required documents via mail, email (scanned) or fax.

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Indianapolis, IN 46204-2738  
Ph. (317) 232-3910 Fax (317) 232-7721  
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## Indiana Department of Veterans Affairs

### Empowering Military & Veteran Families Initiative

#### - A TANF Grant Services Program

*(Temporary Assistance for Needy Families)*

#### Providing a hand up with:

- Training for a Stable Career Path
- Marriage & Family Retreats
- Counseling
- Childcare & Tutoring
- Life Skills Seminars
- Pre-Employment Preparation

## What is the Empowering Military & Veteran Families Initiative?

This family –focused program offered through IDVA assists former and current military service members and their immediate families.

As a service member, you are eligible for many resources designed for you. However, the rest of the family could be overlooked. This program seeks to ensure that the loved ones who have supported you are also receiving the care they need.

In order to have and maintain strong family bonds throughout and after military life, all of the family members need to have support from one another as well as having the skills to be self-sustaining.

## Vocational Training

### • Vincennes University\*

Learn a trade and become experienced as a CNC Machinist, CDL Tractor Trailer Driver, Advanced Manufacturing Maintenance Technician, or a Health Care Professional.

### • Ivy Tech Community College\*

Our partnership with Ivy Tech Community College allows achievement of certifications for better job opportunities in areas such as: HVAC, Welding, Automotive Technology, Medical Assisting, Early Childhood Education, Practical Nursing and many more.

\*Courses, availability and dates will vary by location. Not all training facilities listed.



## Couple & Family Retreats

With a busy family life, parents may not have the time to focus on one another in order to maintain their relationship of a constructive two-parent home. Couples retreats offer a weekend away to develop or rekindle strong bonds through communication, one-on-one focused interactions while expanding relationship skills and building upon a stronger foundation. As the marriage stays strong, the family as a whole can maintain its strength.

We have partnered with the Family Support Center through the Roudebush VA to sponsor couples retreats for those who are enrolled into the VA health care system. These events are hosted in different locations throughout the state. Other retreats are available for those who do not qualify. Additionally, we have partnered with Bradford Woods in Martinsville, IN to host retreats for military service members who have actively served and their families. These Family Battle Buddies Retreats offers time with other military families in a fun, outdoor environment while learning family continuity, strength development and coping skills.

## Counseling and Alternative Therapy\*

Licensed therapists are available to either meet with you individually, as a couple or the entire family to resolve common life issues. We highly encourage positive interactions with all members of the family in forming stronger relations and understanding.

We also offer alternative therapies and parental workshops. These parenting opportunities work to encourage children and parents with skills needed for a positive, structured family environment. The alternative means of therapy are through equine and art sessions. Horse therapy is structured to assist those who have experienced trauma or have disabilities. The art therapy in Castleton is offered to male and female veterans as well as family sessions.



## Childcare & Tutoring

We know that it can be difficult to balance all of the demands of employment or education while ensuring your children are receiving care in a safe learning environment. This program is statewide and can assist you with paying for state-licensed childcare if you meet the low-income requirement.

Additionally, if your child is struggling in school, we offer in-home tutoring so that your child can succeed. The tutors available can also assist children who have special needs.

\*Availability differs based on your location